

We allow any flights or trains arriving or departing to/from our Accepted Airports/Eurostar St Pancras station on our Accepted Transfer Days to qualify for our Standard Transfer price of **£75** each way as follows:

STANDARD TRANSFER

<u>Centre</u>	<u>Accepted Airport/Station</u>
Oundle	London Stansted London Heathrow Eurostar St Pancras
Seaford	London Heathrow London Gatwick Eurostar St Pancras
Clayesmore	London Heathrow London Gatwick Eurostar St Pancras
Worth	London Heathrow London Gatwick Eurostar St Pancras



For all Centres our Accepted Transfer Days and Times are as follows:

Arrival Sunday any time
 Departure Saturday any time

OUT OF HOURS TRANSFER

This only applies for any flights/Eurostar arriving outside of the above which will then incur an Out of Hours Transfer cost of £150 each way.

RECOMMENDED ARRIVAL & DEPARTURE TIMES

Ideally we recommend flights/trains arriving between 09.00 – 15.00 on Sundays and departing between 12.00 – 17.00 on Saturdays. This is for operational reasons because if students arrive/depart within these times we can provide a much better experience and start/end to the camp for them. So if possible, please do try to adhere to these times. Please see the next page for more detailed reasons why to book flights within the recommended timings.

<u>RECOMMENDED ARRIVAL TIMES</u>	
Ideally, we recommend flights/trains to arrive between 09.00 – 15.00 on Sundays.	
If flights/trains arrive before 09.00 it can cause issues because:	If flights/trains arrive after 15.00 this can cause issues because:
<ul style="list-style-type: none"> Existing students already at camp will leave the centre early for their excursion so there will not be any students on site. There is no breakfast available. Whilst there are some activities available for students who do have to arrive early, there is no structured coaching on Sundays. The majority of students arrive around the middle of the day. We cannot accept students to arrive before 9 AM on the FIRST Sunday of camp 	<ul style="list-style-type: none"> Students will miss the welcome meeting, the introduction to all the coaches and the daily programme as well as the welcome party. We cannot guarantee dinner for late arrivals as kitchen staff have to leave at certain times and food regulations do not allow us to leave food out.

<u>RECOMMENDED DEPARTURE TIMES</u>	
Ideally we recommend that flights/trains depart between 12.00 – 17.00 on Saturdays.	
If flights/trains depart before 12.00 this is not ideal because:	If flights/trains depart after 17.00 this can cause issues because:
<ul style="list-style-type: none"> For all departing flights we make sure that Exsportise staff and students arrive at the airport at least 2 hours in advance – for long-haul flights, students must arrive at least 3 hours before. We include an additional hour of travel time into our schedule, because of possible traffic delays etc. This means that students are sometimes at the airport/station for 3-4 hours before their flight to ensure they are not late for their flight/train. Obviously if flights/trains are early in the morning it means a very early start for students and staff. 	<ul style="list-style-type: none"> Students have a long time waiting at the camp. There is no formal coaching on Saturdays and students still on the camp will have left early for their excursion. For operational reasons, students with a late departure cannot join the excursion Students will have been given a packed lunch but no dinner. When all the camps end on the final Saturday at each centre, we have to vacate the centres by 12.00, so we cannot accept anyone flying later than 17.00 on these days.